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**2018 Tilton Award Recipient Named:**  
**Stephen R. Permut M.D., J.D.**

*Wilmington, Delaware September 10, 2018.* The annual *Tilton Award* gala, honoring medical achievement in the State of Delaware will be held Friday, September 28<sup>th</sup> from 6PM–9PM in the ballroom of the Tilton Mansion, home to The University and Whist Club. The 2018 *Tilton Award* recipient is Stephen R. Permut, M.D., J.D.

Dr. Permut, a graduate from the University of Pennsylvania and the Lewis Katz School of Medicine at Temple University, earned a law degree at the Law School at Widener University and is board certified in Internal Medicine, Family Medicine and Legal Medicine. Dr. Permut founded the Family Medicine Residency program at St. Francis Hospital and worked tirelessly as a well-regarded attending physician with both Christiana Care Health System and St. Francis Hospital. He is a past president and a former Board of Trustee to the Medical Society of Delaware. Dr. Permut is also a tenured professor with Temple University's School of Medicine.

*"Stephen R. Permut, MD, JD- this years' Tilton Award recipient represents the highest ideals exemplified by Dr. James Tilton, the first President of the Medical Society of Delaware. Dr. Permut is a physician who has demonstrated a life-long commitment to learning and a dedication to medical education and patient care. He is also a servant-leader who has represented both Delaware and the profession of medicine at the highest levels of both the state and federal government,"* said Medical Society of Delaware President, Richard W. Henderson, MD.

Nominees for the Tilton Award are vetted and selected by a panel of board members from the Medical Society of Delaware, the Tilton Mansion Preservation Society, and the University and Whist Club. Criteria for the award included; a focus on medical excellence, courage and tenacity, vision, leadership and statesmanship. The nominee must be an ambassador for the profession of medicine, exhibit an innovative and pioneering spirit, as well as be a member of the Medical Society of Delaware.

The Tilton Award is named after Delaware's revolutionary war hero and patriot Dr. James Tilton; a founder and first President of the Medical Society of Delaware in 1789.

The Medical Society of Delaware has partnered with the Tilton Society for the second year in a row; with this year's sponsors including Brown & Brown Private Client Insurance, Delaware Imaging Network, USI Insurance Services and Bacchus Importers Ltd.

The gala will include hors d'oeuvres, an open bar, live music and a three course gourmet dinner. Individual tickets are \$120 per person, a corporate table of 10 is \$1,000. A portion of the

tickets are tax deductible and available either online at Event Brite <http://bit.ly/TiltonAward> or by calling (302) 658-5125.

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***The Tilton Mansion Preservation Society***

*The Tilton Mansion Preservation Society 501(c)3 was created to support the preservation and repairs of the Tilton Mansion located at 9<sup>th</sup> and Broom Streets in Wilmington, Delaware. In addition to its mission to preserve the physical building, the Tilton Society is committed to the preservation of Dr. Tilton's medical achievements. The mansion was the former home of Dr. James Tilton, one of the most recognized historical figures of Delaware medicine in the 18<sup>th</sup> and 19<sup>th</sup> centuries. Tilton is recognized as an outstanding soldier, surgeon, and physician. Tilton was our nation's first United States Army Surgeon General in 1812, and he served two years in the Continental Congress from 1783-1785. Dr. Tilton was a founder and first President of the Medical Society of Delaware when it was incorporated on February 3, 1789. The Tilton Mansion is presently home to The University & Whist Club of Wilmington.*

***Medical Society of Delaware***

*The Medical Society of Delaware is one of the oldest institutions of its kind in the United States and rich in history. Founded in 1776 and incorporated on February 3, 1789, The Medical Society of Delaware continues its support of physicians in their vigor and spirit to advance the profession, which was the basis for its creation. Our Mission is "To guide, serve and support Delaware Physicians, promoting the practice and profession of medicine to enhance the health of our communities."*