

## Health Care Predictions for 2019

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### *What Do You Predict?*



The Saul Ewing Arnstein & Lehr, LLP health care practice

group recently compiled a list of health care legal and policy predictions for 2019. The group believes 2019 will be an active health care year at the federal and state levels and the private sector will continue to create new initiatives. What do you think? [Read predictions.](#)

## Delaware Diabetes Prevention Program

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### *Free Program Designed To Make a Difference*

State of Delaware residents who are enrolled in a Highmark Delaware or Aetna health plan and meet eligibility criteria can participate in the Healthy Living: Diabetes Prevention Program (DPP) for free. The year-long program focuses on lifestyle and health behavior changes in an evidence-

based plan  
recognized  
by the  
Centers for  
Disease  
Control  
and  
Prevention  
(CDC).



Please consider sharing this  
information with your qualifying  
patients. [Read more.](#)

## atTack Addiction 5K Registration Open

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*Lace Up Your Shoes For "E-Racing The  
Stigma"*

Join  
your



friends, colleagues, neighbors, and  
family in the 6th Annual atTack  
addiction "E-Racing the Sigma" 5K  
Run/Walk on Saturday, March 2nd at  
9:00 a.m., at St. Peter's Church in Old  
New Castle. The very popular event is  
designed to bring awareness,  
education, and advocacy to and for  
those suffering from the disease of  
Substance Use Disorder. More than  
three thousand people participated in  
last year's event and revenue raised  
helped support nearly all their annual  
efforts. [To register.](#)

# MSD Newsmakers

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*Gordon J. Ostrum, Jr., MD*



MSD

member and Chair of the Delaware Section of the American College of Obstetricians and Gynecologists (ACOG) Gordon J. Ostrum, Jr., MD was recently interviewed by Delaware Public Media. Dr. Ostrum explained the importance of maternal health and also the challenges women face with access to health care after giving birth. ACOG hosted Maternal Health Awareness Day at MSD last month which focused on the "fourth trimester," or the months following child birth. [Listen to interview.](#)

*Andrew W. Dahlke, MD*



MSD

President Andrew W. Dahlke, MD appeared on the news program, *The Delaware Way* hosted by Larry Mendte. The segment featured a recent report released by the University of Delaware which showed the significant decline in primary care

physicians in Delaware, especially the southern part of the state. Dr. Dahlke highlighted the importance of continuity of care and the challenges the First State faces with enticing family practice physicians to come to Delaware as well as possible solutions to this ongoing problem. [Watch interview.](#)

## New Opioid Prescribing Guidelines at CCHS

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*Delaware OPEN Spearheads Effort To Raise Awareness*



Delaware OPEN (Opioid Prescribing Engagement Network), a year-old program within Christiana Care Health System (CCHS), has designed preventive strategies to fight the opioid crisis by ensuring medical professionals adhere to appropriate care of postoperative pain. The program has reduced discharge opioid prescribing by 40 percent for targeted surgeries at CCHS. This year, the initiative aims to:

- Reduce excess postoperative prescribing of opioids
- Reduce new persistent opioid use among opioid-naive patients.

- Reduce the unintended diversion of opioids for non-medical use and abuse.

[Read more.](#) [Read guidelines.](#)

## Practice Management Session

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*Emotional Formation. What Is Your Emotional Intelligence?*



Please join us for the next MSD Practice Management & Education session on Tuesday, March 12, from 8:00 am - 9:30 am at the MSD Conference Center in Newark with video conferencing to Bayhealth Kent General Hospital. This FREE Practice Management Session will focus on emotional intelligence, emotional formation and the need for both, the components of emotional intelligence and defining each part, and a working model for professional and personal relationship development. This activity has been approved for AMA PRA Category 1 Credit™. [To register.](#)

## Certified Medical Office Manager Course

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P R A C T I C E<sup>®</sup>  
M A N A G E M E N T  
I N S T I T U T E

MSD, in partnership with the Practice Management Institute, is offering a Certified Medical Office Manager (CMOM) course on March 6, 7, 13 & 14 from 9:00 am to 5:00 pm at the Medical Society Delaware Conference Center in Newark. The CMOM curriculum is a complete resource chosen by medical office professionals seeking to expand their skills and excel in a practice leadership role. Whether you are currently running a practice or want to acquire the skills to become a practice leader, the program will explain this role in detailed, easy-to-follow modules. Participants will gain a thorough foundation for managing a successful medical practice. [To register.](#)

## ***"Rerum Cognoscere"***

The Latin phrase *Rerum Cognoscere* translates to learn, examine, or become aware of facts or things. In this section we highlight measurable items of interest in health care from MSD, Delaware, the US, and the world.

<b>18</b>	<b>67%</b>	<b>260%</b>
Number of states including	Percentage increase of recalls in the	Increased percentage of deaths from drug

Delaware where minors are allowed to consent to vaccinations without parental consent.  Newsweek, Feb. 1, 2019	U.S. for meat and poultry since 2013.  Bloomberg News, Jan. 17, 2019	overdose among women aged 30 to 64 between 1999 and 2017.  NBC News, Jan. 10, 2019
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## Upcoming Events

**March 2** - [30th Annual Update in Cardiology](#), 8:00 a.m. - 4:00 p.m., John H. Ammon Education Center, Christiana Hospital, Newark.

**March 6, 7, 13, 14** - [Certified Medical Office Manager Course](#), 9:00 a.m. - 5:00 p.m., MSD Conference Center, Newark.

**March 7** - [Memory Care - Caring for a Vulnerable Population: Older Adults with Neurocognitive Disorders](#), John H. Ammon Education Center, Christiana Hospital, Newark.

**March 9** - [23rd Annual Diabetes Update](#), John H. Ammon Education Center, Christiana Hospital, Newark.

**March 12** - [MSD Practice Management Session: Emotional Formation](#), 8:00 - 9:30 a.m., MSD Conference Center, Newark.

**April 4** - [ProAssurance Physician Risk Management Seminar - Out of Bounds: Previous Claims Under Further Review](#), 6:00 - 8:00 p.m., Dover Downs Hotel & Casino, Dover.

**April 5** - [ProAssurance Practice Manager Session - Close Calls: Real Questions, Real Answers](#), 9:00 - 11:00 a.m., Dover Downs Hotel & Casino, Dover.

**April 5** - SAVE THE DATE - 7th Annual APC Pharmacology Update 2019, John H. Ammon Education Center, Christiana Hospital, Newark.

**May 7** - [56th Annual William J. Holloway Infectious Disease Symposium](#), John H. Ammon Education Center, Christiana Hospital, Newark.

**June 17-21** - SAVE THE DATE - 42nd Annual Eastern Shore Medical Symposium, Rehoboth Beach.



Forward to a Friend

Was the information in this newsletter useful? If so, forward to a friend to let them know the value of your Medical Society of Delaware membership.

